

Weekly Academic Schedule

| | PERIODS | Sun | Mon | Tues | Wed | Thurs | Fri |
|----------------------|-----------|-----------------------------------|-----------------------------------|-----------------|------------------|------------------------------------|-----------------|
| Wake up | | 6:45 | 6:45 | 6:45 | 6:45 | Israel Core Course study trip/tyul | 6:45 |
| Breakfast | | 7:15 | 7:15 | 7:15 | 7:15 | | 7:00 |
| Morning Tefilah | | 7:45 - 8:30 | 7:45-8:30 | 7:30 - 8:15 | 7:45 - 8:15 | | 7:45 - 8:15 |
| 8:30 - 9:15 | 1 | Israel Core Course (in classroom) | Israel Core Course (in classroom) | General Studies | General Studies | Israel Core Course study trip/tyul | General Studies |
| 9:20 - 10:05 | 2 | | | | | | |
| 10:10-10:55 | 3 | General Studies | General Studies | | | | |
| 11:00-11:45 | 4 | | Hebrew A <i>or</i> English | | | | |
| 11:50-12:30 | 5 | Lunch | Hebrew A <i>or</i> English | | | | |
| 12:40 - 1:25 | 6 | | Lunch | | | | |
| 1:30 - 2:15 | 7 | Hebrew B <i>or</i> English | Hebrew B <i>or</i> English | | | | |
| 2:20 - 3:05 | 8 | Hebrew A <i>or</i> English | Hebrew B <i>or</i> English | | | | |
| 3:15 - 3:55 | 9 | General Studies | General Studies | | | | |
| 4:00 - 4:20 | 10 | Mincha | Mincha | | | | |
| 4:25 - 5:10 | 11 | General Studies | General Studies | | | | |
| 5:15 - 6:00 | 12 | | | General Studies | | | |
| 6:00 - 6:45 | 13 | Dinner | Dinner | | | | |
| Evening hours | | Cleaning / Committee meetings | BBQ Dinner / Madrichim check in | Study Hall | Evening Activity | Supervised free night | שבת שלום! |

*We recommend students take up to 5 academic classes (i.e. English, History, Math, Science, Language). Most students have several free blocks, dependent on each student's individual course load.

Sunday morning Tefilah - study and discussion with counselors

Monday/Thursday morning Tefilah - Torah reading

Tuesday morning tefilah - guest speakers/alternative tefilah

Wednesday/Friday morning tefilah - Student run (Friday ends with weekly wrap up by Director)