

Ramah Seminar - Refuah 2023

PAGE 1 of 2

Sunday, June 18	Monday, June 19	Tuesday, June 20	Wednesday, June 21	Thursday, June 22	Friday, June 23	Saturday, June 24
Poland Journey Departure Day	Arrive in Warsaw Okapova Cemetary	Tykocin Lupochova Forest Treblinka Camp	Yeshivat Chochmei Lublin Majdanek	Shtetls of Galicia Lezajsk, Tarnnow	Krakov Schindler's Factory	Shabbat in Krakow Tour of the Jewish Quarter Parshat Chukat
	Overnight in Warsaw	Overnight in Lublin		Overnight in Krakow		
Sunday, June 25	Monday, June 26	Tuesday, June 27	Wednesday, June 28	Thursday, June 29	Friday, June 30	Saturday, July 1
Auschwitz - Birkenau Poland Closing Ceremony	סמינר פולין ברוכים הבאים לירושלים Poland Journey Arrives to Jerusalem Refuah <i>Mitlamdim/ot</i> (Trainees) Participating in Israel-Only Seminar Depart from North America	ברוכים הבאים סמינר 2023 Flights Arrive Seminar Joins Together at the Hodayot Youth Village Opening Event	תחילת סמינר 2023 בצפון Seminar 2023 Orientation קום והתהלך בארץ Hike in the Galilee Hebrew Ulpan	מורשת ומסורת Legacy and Tradition Majrase Water Hike Kinneret Overlook Ancient Synagogue Hebrew Ulpan	בונים קהילה Building Community Sunrise at Mount Arbel Swim in the Kinneret	שבת קהילה Shabbat Kehilla Parshat Balak
Overnight in Krakow	Overnight in Jerusalem	Overnight at Hodayot - on the campus of Kibbutz Lavi				
Sunday, July 2	Monday, July 3	Tuesday, July 4	Wednesday, July 5	Thursday, July 6	Friday, July 7	Saturday, July 8
עלייה לירושלים Welcome to Jerusalem First Day of Magen David Adom (MDA) Training	קורס מד"א MDA First Aid Course Night out on Ben Yehuda Street	קורס מד"א MDA First Aid Course	קורס מד"א MDA First Aid Course Old City Night-Time Tour	קורס מד"א MDA First Aid Course	אני והגלשן שלי Beach Day Kabbalat Shabbat at the Kotel	שבת בירושלים Shabbat in Jerusalem Parshat Pinchas
Overnight at the Goldstein Youth Village (the "Chava") - Jerusalem						
Sunday, July 9	Monday, July 10	Tuesday, July 11	Wednesday, July 12	Thursday, July 13	Friday, July 14	Saturday, July 15
קורס מד"א MDA First Aid Course Shuk Machane Yehuda and Nachlaot Neighborhood Tour	קורס מד"א MDA First Aid Course Celebratory Dinner	התלמדות Becoming a Refuah <i>Mitlamed/et</i> (Trainee) Hitlamdut at Hadassah Ein Kerem Hospital	התלמדות Hitlamdut at Hadassah Ein Kerem Hospital Head Down South to Kfar Nokdim	זריחה במצדה Masada Sunrise Hike and Dead Sea	שבת אירוח Depart for Host Shabbat	שבת אירוח Host Shabbat Parshat Matot-Masei Saturday Night Return to Campus
Overnight at the "Chava" - Jerusalem			O/N Kfar Nokdim	O/N The "Chava"	Overnight at Host	O/N The "Chava"



Connect. Explore. Grow

Ramah Seminar - Refuah 2023



PAGE 2 of 2

Sunday, July 16 התלמודות Hitlamdut at Hadassah Ein Kerem Hospital	Monday, July 17 התלמודות Hitlamdut at Hadassah Ein Kerem Hospital	Tuesday, July 18 התלמודות Hitlamdut at Hadassah Ein Kerem Hospital	Wednesday, July 19 התלמודות Hitlamdut at Hadassah Ein Kerem Hospital	Thursday, July 20 התלמודות Hitlamdut at Hadassah Ein Kerem Hospital	Friday, July 21 יום שישי, יום כף! Friday Fun Day!	Saturday, July 22 שבת בירושלים Shabbat in Jerusalem Parshat Devarim
Overnight at the "Chava" - Jerusalem						
Sunday, July, 23 התלמודות Hitlamdut at Hadassah Ein Kerem Hospital Afternoon Jerusalem Touring	Monday, July, 24 התלמודות Hitlamdut at Hadassah Ein Kerem Hospital	Tuesday, July, 25 התלמודות Hitlamdut at Hadassah Ein Kerem Hospital Afternoon and Evening in Tel Aviv	Wednesday, July 26 התלמודות Hitlamdut at Hadassah Ein Kerem Hospital	Thursday, July 27 תשעה באב Tisha B'Av	Friday, July 28 יום שישי, יום כף! Friday Fun Day!	Saturday, July 29 שבת בירושלים Shabbat in Jerusalem Parshat Va'Etchanan
Overnight at the "Chava" - Jerusalem						
Sunday, July 30 התלמודות Hitlamdut at Hadassah Ein Kerem Hospital Night out on Emek Refaim	Monday, July 31 התלמודות Hitlamdut at Hadassah Ein Kerem Hospital	Tuesday, August 1 ערבה Heading Down South	Wednesday, August 2 ערבה Exploring the Arava Desert	Thursday, August 3 ערבה The Magic of the South	Friday, August 4 חזורים הביתה... לירושלים Return to Jerusalem	Saturday, August 5 שבת בירושלים Shabbat in Jerusalem Parshat Eikev
Overnight at the "Chava" - Jerusalem		Kibbutz in the Arava			Overnight at the "Chava" - Jerusalem	
Sunday, August 6 יום ירושלים Final Day of Touring in Jerusalem	Monday, August 7 שלום ולהתראות Slideshow Final Goodbyes Departure Day	Tuesday, August 8 צאתכם לשלום Flights Arrive in North America				
Overnight at the "Chava" - Jerusalem						